

**CFS FAMILY LIFE CENTER**  
**ROOM SCHEDULE FOR THE WEEK OF JANUARY 19, 2009**  
**CENTERS NEW HOURS      Morning- 9:00am-1:00pm;      REOPEN Evenings- 4:00pm-9:00pm**

<u>DATE/DAY</u>	<u>TIME</u>	<u>ACTIVITIES/GROUP</u>
<b>1/19 MONDAY</b>		<b>CENTER IS CLOSED</b>
<b>1/20 TUESDAY</b>	9:00 a.m.	OPEN GYM/TRACK/FITNESS RM
	10:00a.m.	MONTESSORI CENTER
	1:00 p.m.	<b>CENTER CLOSED</b>
	4:00 p.m.	<b><u>CENTER REOPEN</u></b>
		TRACK/FITNESS RM OPEN
	6:00 p.m.	MOTOR CITY TRACK CLUB ®
	6:00 p.m.	<b><u>YOUTH BBALL LEAGUE</u></b>
	9:00 p.m.	Fitness Center Closes @9:00p.m.
<b>1/21 WEDNESDAY</b>	9:00 a.m.	OPEN/GYM/TRACK/FITNESS RM
		BASKETBALL
	12:00p.m.	MONTESSORI CENTER
	1:00 p.m.	<b>CENTER CLOSED</b>
	4:00 p.m.	<b><u>CENTER REOPEN</u></b>
		TRACK/FITNESS RM OPEN
	6:00 p.m.	MUSTANG TRACK CLUB ®
	.	HUMC MITES BBALL PRACTICE
	7:00 p.m.	BBALL LEAGUE ®
	9:00 p.m.	Fitness Center Closes @9:00p.m.
<b>1/22 THURSDAY</b>	6:00 a.m.	OPEN GYM/TRACK/FITNESS RM
	10:00a.m.	MONTESSORI CENTER
	1:00 p.m.	<b>CENTER CLOSED</b>
	4:00 p.m.	<b><u>CENTER REOPEN</u></b>
		TRACK/FITNESS RM OPEN
	6:00 p.m.	MOTOR CITY TRACK CLUB ®
		<b><u>YOUTH BBALL LEAGUE</u></b>
	9:00 p.m.	Fitness Center Closes @9:00p.m.
<b>1/23 FRIDAY</b>	9:00 a.m.	OPEN GYM/TRACK/FITNESS RM
		BASKETBALL
	12:00p.m.	MONTESSORI CENTER
	1:00 p.m.	<b>CENTER CLOSED</b>
	4:00 p.m.	<b><u>CENTER REOPEN</u></b>
		TRACK/FITNESS RM OPEN
		YOUTH BBALL
	6:00 p.m.	Fitness Center Closes @6:00p.m.
<b>1/24 SATURDAY</b>		<b>CENTER IS CLOSED</b>

SCHEDULE SUBJECT TO CHANGE DUE TO RENTAL